



**Catholic Women's League
Halifax-Yarmouth Diocesan Council
General Meeting – September 23, 2023
Faith - Communique # 1**

CATHOLIC AND LIVING IT

I hope you all had a wonderful summer and are now ready to pray and serve the Catholic Women's League of Canada in whatever way you can.

The Annual Retreat for the Halifax-Yarmouth Diocesan Council is on November 25 at the Holy Family Church in Amherst. Our Retreat provides us time to reflect and grow in faith. It also gives us the opportunity to meet our sisters and spend a day in prayer and reflection. More information regarding the Retreat will be shared soon through your Parish Council. I request Parish Council Presidents to encourage members to attend.

Pope Francis' intention for September is to pray for people living in subhuman conditions. He has urged us to stop making them invisible.

Spiritual growth is a journey; so, continue each day to set aside time to pray, specially now with all the calamities and disasters in the world. Please also pray for Christians who are being persecuted in many parts of the world for professing their faith. May they be blessed with religious freedom. Pray for the victims of human trafficking. Pray for the Christians in the Holyland. Let's not forget to start our daily prayer with a big THANK YOU to our Heavenly Father for all the Blessings He bestows on us.

A reminder to Parish Councils to report the death of a member to the National Office and Halifax Yarmouth Diocesan Book of Life. The next deceased member prayer service will be held at the Annual Diocesan Convention. Deadline for submitting information on deceased members to National is December 31, 2023. Remember to pray for our deceased sisters in the League.

October is the month of the Rosary and I encourage all Councils to pray the Rosary for the conversion of sinners and peace in our lives, in our families and in the world.

2023 Assembly of the People of God is open now and Archbishop Dunn invites the faithful to join him



for a day of prayers, great talks and there will be an opportunity to share experiences. It will be held on November 4. For more information, please visit www.halifaxarmouth.org/assembly

October 1 is recognized as Treaty Day in Nova Scotia. Archbishop Dunn in collaboration with the Mikmaq Grand Council will honour this day by celebrating Mass at 10:30 am at the Basilica. Let's pray for healing and forgiveness.

Offer special prayers on October 1 when Life Chain which is a pro-life event will be having their workshop in Halifax to create awareness about the injustice of abortion. Also pray for our catechists on this day as they are commissioned to take on the task of imparting faith to our children.

I encourage all those who have not yet watched the series, The Chosen, to please watch it.. It is available on Netflix and YouTube. It is a beautiful depiction of the Gospels and is a great way to end your day.

In closing, here is a prayer from 'Healing Grace' which Cathy Bouchard, National Chairperson of Spiritual Development had in the Spring edition of the League magazine.

O Holy Spirit of God, abide with us, inspire all our thoughts, pervade all our imagination, suggest all our doings. Be with us in our silence and in our speech, in our haste and in our leisure, in our company and in solitude; in the freshness of the morning and in the weariness of evening and give us grace at all times, humbly to rejoice in your mysterious companionship, through Jesus Christ our Lord, Amen.

May Our Lady of Good Counsel bless you, your families, and the Catholic Women's League of Canada.

Respectfully submitted,
Catherine Gonsalves
Chairperson - Faith