



## Halifax – Yarmouth Diocesan Council

### Social Justice

### Communiqué – December 2025

Merry Christmas to all CWL Diocesan members. I hope this season finds you well and invigorated with God's love and compassion as we head into the 3<sup>rd</sup> week of Advent – getting ready spiritually for Christmas.

As we set our hearts towards the coming of our Savior, let us be aware of the less fortunate in our communities and think of ways to support them.

There are some upcoming issues that you may be interested in following:

- As mentioned in my earlier communiqué, please follow the reports from Australia as they enact their ban on teens under 16 being restricted to social media platforms due to the negative impacts and increasing mental health issues on the young. It has recently been in the news. The Nova Scotia Liberals plan to table a bill similar to Australia's move with called The Social Media Responsibility Act. Please follow this issue.
- Please watch this video on What is Wrong with MAiD (Medical Assistance in Dying). [LINK](#) Consider writing to your member of parliament and/or the NS Premier to allow NS Physicians to follow their conscious of refusing to offer this service for their patients without repercussions to their ability to practice in Nova Scotia. (currently they are mandated to offer this service to their terminal patients). And please also pray for those who are considering using this approach that they choose to live their final days to their natural end of Life.
- During this Christmas season, please donate to local foodbanks and other charities supporting the marginalized in your community
- As per last year's National's push to members to visit the isolated in your parish (especially your Sisters' in the League) – please take time to call and/or visit a shut in to show your care. Offer them support and friendship during this especially difficult time for some, during the Christmas season.

Thank you for all you do with your time, talent and treasures. May the anticipation of Christ's arrival at Christmas strengthen our faith and inspire you to become the hands, feet and voice of Jesus in today's world.

God Bless and have a very faith filled Christmas

Sharon Forbrigger  
Social Justice Chair